

# ***Starting Life Well IN Salford promotes ‘Time for a Rhyme’***

Babies and children love it when we sing to them. Most songs for young children rhyme and this is no coincidence. They tune babies and children into the sounds of the language that we use. Rhymes and playing with sounds help to build vocabulary and are vital for speech development.



Every Child a Talker IN Salford supports every child's speech, language and communication.  
Visit [www.speakupsalford.nhs.uk](http://www.speakupsalford.nhs.uk); [www.bookstart.org.uk](http://www.bookstart.org.uk); [www.wordsforlife.org.uk](http://www.wordsforlife.org.uk)

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## **Pat a Cake**

**Pat a cake, Pat a cake,  
baker's man  
Bake me a cake as fast  
as you can;  
Pat it and prick it and  
mark it with a 'B',  
And put it in the oven for  
Baby and me.**



The gestures made while reciting the poem help it to be memorable and ensure that it is passed from generation to generation. The oldest known publication date of this poem is 1698.



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## **See the Little Bunnies Sleeping**

**See the Little Bunnies sleeping  
Till it's nearly noon**

**Come and let us wake them with  
a merry tune**

**Oh how still, are they ill, wake up soon**

**Hop little bunnies, hop, hop, hop**

**Hop little bunnies, hop, hop, hop**

**Hop little bunnies, hop, hop, hop**

**Hop little bunnies, hop, and stop!**



Nursery rhymes paint colourful images of characters and situations that expand a child's imagination. The ability to be creative and imaginative allows the brain to make connections between one area of learning and another. The part of the brain responsible for imagination is located in the frontal lobes and also helps to facilitate reflection, empathy, play and creativity.

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## **Head, Shoulders, Knees and Toes**

Head, shoulders, knees and toes, knees and toes  
Head, shoulders, knees and toes, knees and toes  
Eyes and ears and mouth and nose  
Head, shoulders, knees and toes, knees and toes



Sing it in French!

Tete, épaules, genoux, pieds, genoux, pieds,  
Tete, épaules, genoux, pieds, genoux, pieds,  
Yeux et Oreilles et bouch et nez  
Tete, épaules, genoux, pieds, genoux, pieds.

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